



PORTY RUGBY SEVENS 2023



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**SATURDAY
8TH APRIL
NOON - 6PM**

**PROUD
TO BE
PORTY**

- Food & Drinks
- Teas & Coffees
- 2 Bars
- Fundraising on the day for Lets Talk

**WELCOME
TO THE FIELD
OF DREAMS**

PORTY RUGBY SEVENS 2023

Hello

It's with great delight I welcome you to Cavalry Park for the 2023 Portobello Rugby 7s.

I am looking forward to seeing some great rugby, meeting old and making new friends as we progress through the day. Hopefully with the sun at our backs and drink in hand.

We have 20 teams joining us today competing for the Presidents, Treasurers and Captains Shields.

The next few pages will give you details on what to expect throughout the day, the timings and draw for the competition and a reminder of the game rules.

The 2022/23 season at Portobello Rugby saw a variety of positive changes within our Senior and Minis Rugby sections which have allowed us to grow our playing and non-playing numbers and invest in our facilities, training equipment and match day kits.

I am glad to say our brand within the Edinburgh East community is growing through hard work of the committee, the tireless work of the coaches and through our community outreach within the local primary schools and via our partnership with a local Mental Health support organisation called 'Let's Talk'.

Look out for Club Captain 'Keith Jeffrey' having his hair cut for charity. Please support this great cause if you can.

Please enjoy your day at Cavalry Park and I wish you and your club well for the future.

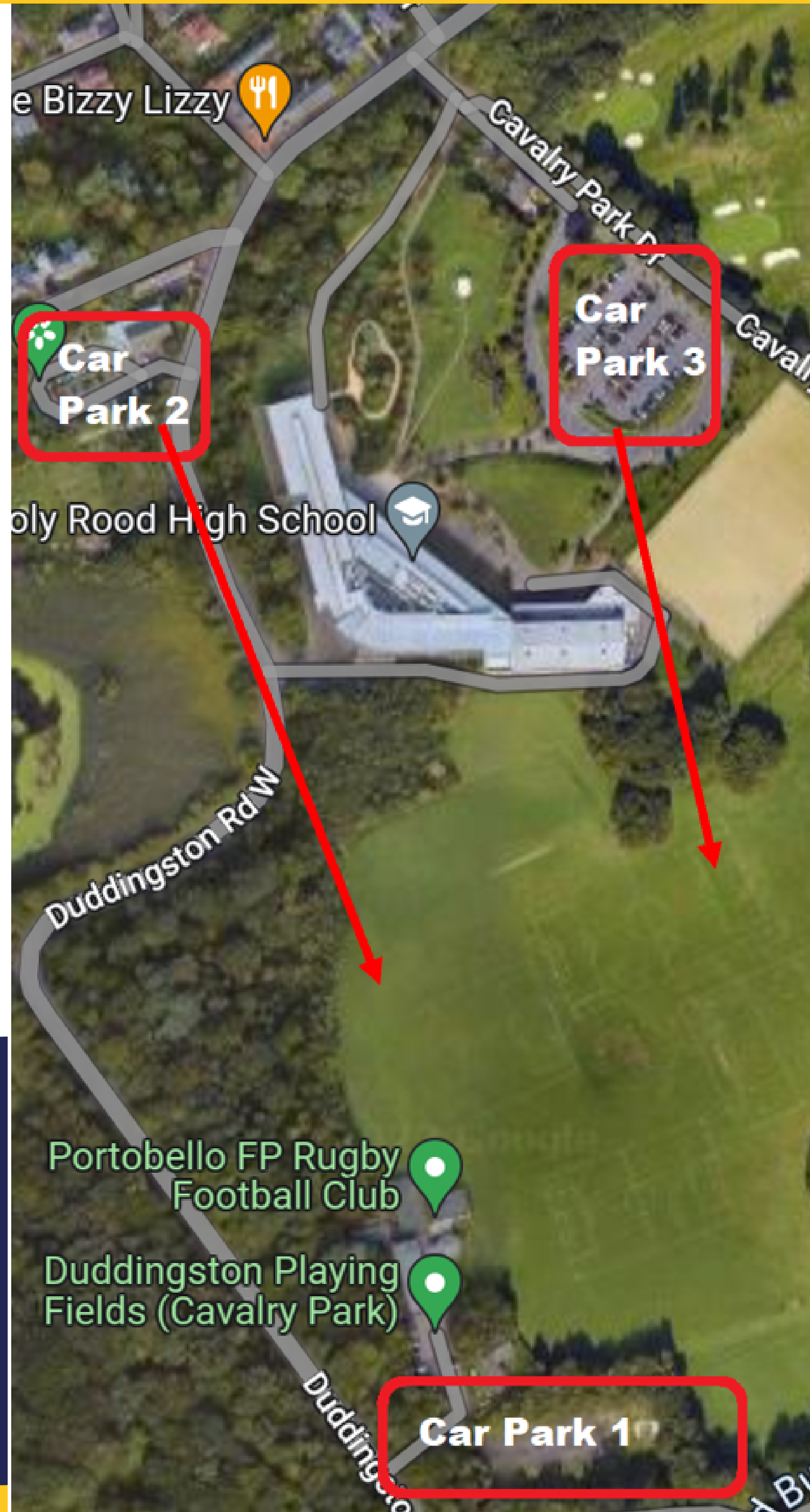
Lesley Edgar

Lesley Edgar
President
Portobello Rugby Club

CAR PARKING DETAILS

We have set up 3 car parks for your use on the day.

- All car parks open at 11am
- Car Park 1 is at Cavalry Park at 129 Duddingston Road West
- Car Park 2 is at Duddingston Kirk Hall, Duddingston Road West
- Car Park 3 is at Holyrood High School at 55 Duddingston Road West
- Please follow the arrows for access paths after parking in car parks 2 & 3.
- Car Park 1 will be open all day
- Car Park 2 closes at 7pm
- Car Park 3 closes at 6pm



GAME GUIDE

All ties will be 7 minutes each way with a 1-minute interval. All other rules as per the Laws of Rugby which can be found online.

Please be at your allocated pitch 5 minutes prior to the Tie start time.

PITCH LAYOUT & FACILITIES

Games will be played across the 3 numbered pitches.

- Please register your team upon arrival.
- Changing facilities are available next to the clubhouse.
- Toilet and Bar Facilities are available in the clubhouse all day.
- Additional Bar and Food facilities will be pitch side.
- First Aiders will be pitch side should you need assistance.



GAME SCHEDULE PRESIDENTS SHIELD

Preliminary
Draw

PM1
Trinity Accies vs Portobello
Presidents
Pitch 3
1.00pm Kick Off

Round 1

Tie 1
Kirkcaldy vs
Engineers
Pitch 1
1.00pm Kick Off

Tie 2
Lismore vs
Livingstone
Pitch 2
1.00pm Kick Off

Tie 3
Heriots vs
Liberton Leopards
Pitch 1
1.20pm Kick Off

Tie 4
Haddington vs
Dunbar
Pitch 2
1.20pm Kick Off

Quarter Finals

Tie 14
Winner Tie 1 vs
Winner Tie 2
Pitch 1
2.20pm Kick Off

Tie 15
Winner Tie 3 vs
Winner Tie 4
Pitch 2
2.40pm Kick Off

Semi Final 2

Tie 22
Winner Tie 18 vs
Winner Tie 19
Pitch 1
4.00pm Kick Off

Cup Final

Tie 26
Winner Tie 26 vs
Winner Tie 28
Pitch 1
5.20pm Kick Off

Semi Final 1

Tie 23
Winner Tie 20 vs
Winner Tie 21
Pitch 2
4.00pm Kick Off

Quarter Finals

Tie 16
Winner Tie 5 vs
Winner Tie 6
Pitch 1
3.00pm Kick Off

Tie 17
Winner Tie 7 vs
Winner Tie 8
Pitch 2
3.00pm Kick Off

Round 1

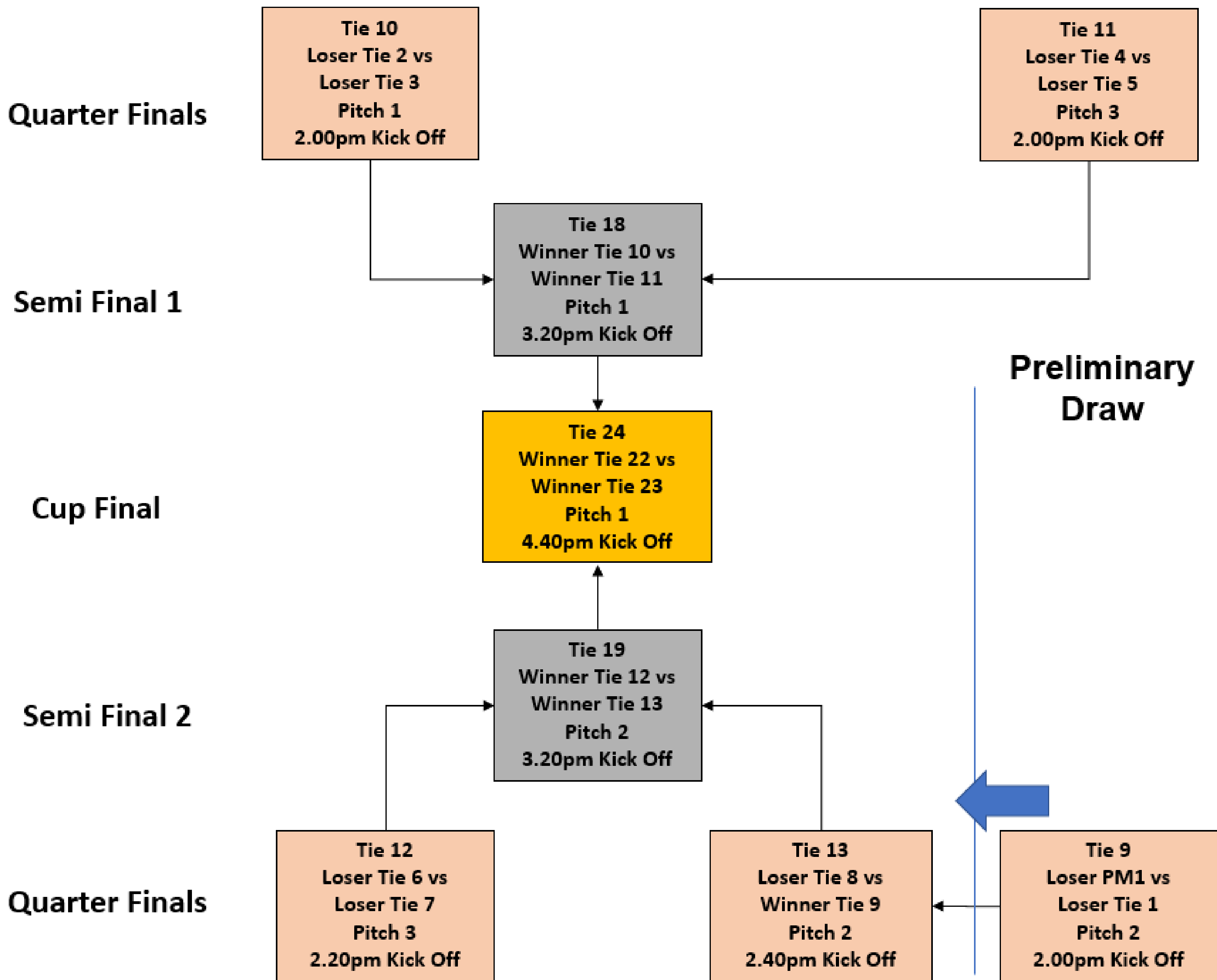
Tie 5
Portobello
vs Penicuik
Pitch 3
1.20pm Kick Off

Tie 6
Edinburgh Accies Vs
Dalkeith
Pitch 1
1.40pm Kick Off

Tie 7
Musselburgh vs PM1
Winner
Pitch 2
1.40pm Kick Off

Tie 8
Leith Accies
Vs History Boys
Pitch 3
1.40pm Kick Off

GAME SCHEDULE CAPTAINS SHIELD



GAME SCHEDULE TREASURERS SHIELD

Semi Final 1

Tie 20
Loser Tie 14 vs
Loser Tie 15
Pitch 1
3.40pm Kick Off

Cup Final

Tie 25
Winner Tie 20 vs
Winner Tie 21
Pitch 1
5.00pm Kick Off

Semi Final 2

Tie 21
Loser Tie 16 vs
Loser Tie 17
Pitch 2
3.40pm Kick Off

WE NEED YOUR MONEY

As a rugby club we also strive to promote physical and mental wellbeing in young people, as well as adults, and so it made sense to me, knowing I was going to get rid of my luscious locks, that I would do it to support this new partnership and further our goals together.

All the money raised will be sent to aid Let's Talk. You can find out more about what they do on their website: <https://lets-talk.scot/>.

I also intend to donate the hair that's cut to the Little Princess Trust. They are a charity that provides real hair wigs to children and young people who have lost their own hair through cancer treatment or other conditions.

Know that the money will be put to good use by Let's Talk as they help young people improve their mental wellbeing.

My hair will be getting cut today at 4pm at pitch side by a local hairdressing company called "Romeo and Juliet Hair Lounge". Thank you to them for helping me in the big cut.

You don't want to miss it!

Please give generously!

Thank you.

Keith

Keith Jeffrey
Club Captain



*R*OMEO *J*ULIET
HAIR LOUNGE

<https://www.justgiving.com/crowdfunding/keith-jeffrey-letstalk>

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